

#### WAIVER AND RELEASE OF LIABILITY: READ BEFORE REGISTERING

In consideration of being allowed to participate in any way in the Wood Library Fitness Programs and its related events and activities, I, the undersigned, acknowledge, appreciate, and agree that: The risk of injury from the activities involved in this program is significant, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury or death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the Wood Library, the Wood Library Fitness Programs, and their agents, employees, coaches, volunteers, officers, directors, successors, and assigns, and any and all sponsors, their representatives and successors ("Releasees") or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the "Releasees" immediately; and I, for myself hold harmless the "Releasees", with respect to any and all injury, disability, death, or loss or damage to person or property associated with my presence or participation in this Program, including the aggravation of any preexisting personal conditions of mine that may exist, whether I am aware of them or not, whether arising from the negligence of the "Releasees" or otherwise, to the fullest extent permitted by law. I attest and verify that I am sufficiently physically fit to participate in running, stretching and other physical activities considered as exercise, that I have consulted a licensed medical provider who has verified my condition and advised me that I may safely participate. Further, I hereby grant full permission to any and all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose, including commercial advertising without any payment, compensation or recognition to me.

I HAVE CAREFULLY READ THIS WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS.

I have consulted with my physician who has deemed me fit to participate in this activity.

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (Under 18 years of age at time of registration):**  
This is to certify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above, of all the Releases, and, for myself, the participant, and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the "Releasees" from any and all liabilities incident to the participant's involvement or participation in these programs as provided above, even if arising from the negligence of the "Releasees," to the fullest extent permitted by law.